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PHOTOGRAPHY

**NAIL GUIDE**



## **PROFESSIONAL MANICURE**

I can't stress enough how important a professional manicure is. If you have full blown chipped and/or neon nails, and I use your hands to frame your face, which I will be doing, all of your friends are going to look straight to your nails when they see your pictures. It is best to get your manicure 1-2 days before your shoot, so the manicure really has time to set.



## NUDE NAILS

If you are not up for a professional manicure and you are going to paint your nails, nude nails are best! They are great because they elongate your fingers, and they go with everything! So, laquer them up with gorgeous nude tones. Slap on a clear coat for some shine, and you will have a picture perfect polished look. A few of my favorite nude brands/colors are:

Butter London: Yum Mummy

OPI: Did you 'ear about Van Gogh

ESSIE: Imported Bubbly



## **WATER & SUN**

While water works great internally, it does not act the same externally. Water is very damaging to the nails. It weakens the nails, causing them to get dry and damaged.



## **WATER & SUN**

If you are going swimming, put Chap Stick on your nails before you go into the water. This will help form a waterproof coating to seal in the nails moisture. Do this if you will be out in the sun as well. \*The Chap Stick tip is for when you have no polish on your nails. Nail polish is a good protector, but you should leave it off for a few days before your manicure to let your nails "breathe."