



LINDA GORSHEIN  
PHOTOGRAPHY

**PORTRAIT PERFECT  
FACE**



## **SQUEAKY CLEAN & HIGHLY HYDRATED**

Wash your face thoroughly before your session. The foundation will apply more evenly if your face is prepped and ready before any color is applied.

Drink a ton of water! Water is so amazing for your skin. Water nourishes the skin. The more you drink, the more your skin will radiate.



# **EXFOLIATE**

Exfoliate with a physical exfoliator at least two days prior to your session. It will help reduce dry patches and texturing.



## **NO SALICYLIC ACID**

Try to avoid using products containing salicylic acid at least three days before your shoot as it severely dries out the skin.



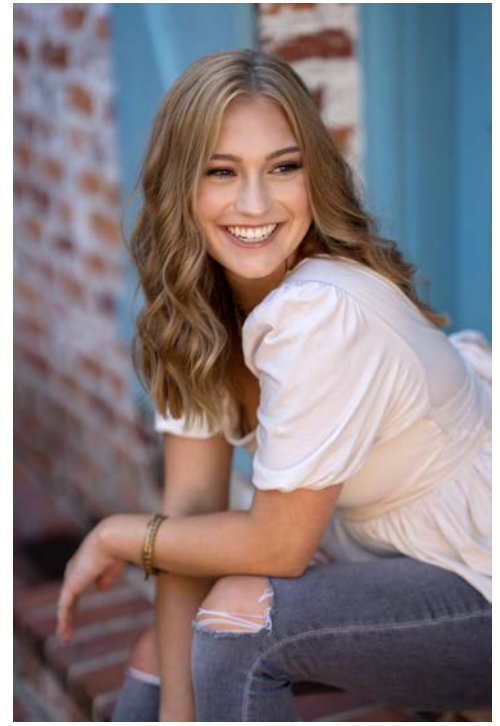
## **PORCELAIN PERFECTION**

Stay out of the sun and tanning beds at least a week before your session. This is very important! Red skin is not easy to deal with - sunburned and peeling skin is even worse! And, spray tans make your skin look orange - not a great look! Don't do it!



## **WOW WITH YOUR BROWS!**

Do not have your eyebrows waxed for at least one week before your session. It tends to cause a lot of redness and swelling, and in some cases, even scabbing. But, please do a quick pluck before your session.



## **LIP SERVICE**

For the entire week before your session, use your toothbrush to brush your lips vigorously. Then apply vaseline or vitamin E oil to your lips and sleep in it. This will make your lips smooth and ready for lipstick.